

# One Day Workshop

on

## Personality Enrichment through Soft Skills

by

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**Date: 24-07-2014**

### About the Programme:

Dr.Reddy Sekhar Reddy, the resource person stated that soft skills make our communication effective. They increase employment opportunities by putting their knowledge into effective practice. They help one to deal with people at emotional level. They develop one's overall personality through Team Building, Leadership, Time Management, Group Discussions, Interviews and Inter-personal skills. He also emphasized on the cultivation of soft skills such as Self-confidence, Positive attitude and Flexibility as essential traits for an appealing personality.



*Our attitude toward life determines life's attitude towards us.*

*-Earl Nightingale*