

Importance of Millets & Organic Foods

Preamble: Guest Lecture on ‘Importance of Millets & Organic Foods’

Date: 06-06-2018.

Time: 10:30 a.m.

Venue: Seminar Hall, SDMSM Kalasala.

Report: Dr. K. Hari Prasad, Project Director, RUSA enlightened the students on “The Importance of Millets and Organic Foods”. He also said sedentary life style and consumption of processed foods have led to a rise in obesity and other life style diseases & diet with millets could prove to be an effective weapon.

