

## International Women's Day

### **Preamble:**

Conducted as a part of “International Women's Day “on March 08, 2022.

### **Participants:**

Staff and Students of S.D.M. Siddhartha Mahila Kalasala, Vijayawada.

### **Resource Person:**

Dr. Femmes, Kamineni Hospitals

### **Description of the Programme:**

Women Empowerment Cell in collaboration with First Aid and Health Club has organized “Enhancing Women Health-Keeping U Aware”, a programme with Dr. Femmes, Kamineni Hospitals, Poranki, and Vijayawada which is conducted as a part of “International Women's Day. “On March 08, 2022. During the seminar, the 12 departments of Kamineni Hospitals discussed the Urinary Track Infections, bone problems and other health problems faced by the girls during Adolescence. They also discussed what tests should be performed for breast cancer and how breast cancer can be diagnosed by Mammography. They also discussed the importance of diet for good health, the importance of yoga as well as the need to learn such good eating habits.

