



## SEMINAR ON WOMEN EMPOWERMENT AND INDEPENDENT NATURE OF WOMEN

**Date: 10-03-2022**

**Organized By: No More Tears (A Forum for Social Activities)**

**Resource Person: Dr. B. Nagesh, Psychologist NIMHANS, Bangalore &  
Smt. B. Sravanthi, Technical Trainer and Life Skill Coach.**

### **Report:**

No More Tears (A Forum for Social Activities) organized a programme on Women Empowerment by Mrs. B. Sravanthi, Technical Trainer and Independent Nature of Women by Dr. B. Nagesh, Psychologist, Bangalore. The Resource Person Smt. B. Sravanthi explained the students that women can achieve anything and the empowering qualities in a woman begin from the family that helps to empower society, various challenges faced by a woman during her life time and also the ways to overcome them and Women Empowerment through education to a girl child. Dr. B. Nagesh explained the students about the Independent nature of Women, also suggested some tips that make women independent. Dr. T. Vijaya Lakshmi, Director, Dr. S. Kalpana, Principal, Dr .A. Naga Jyothi, Convener, other members and students graced the occasion



**Smt. V. Sravanthi addressing the gathering**



# MEDIA

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**YOUTUBE REFERENCE VIDEO LINK:**

**ACTIVITIES BY NO MORE TEARS &  
STUDENT UNION COMMITTEES @  
S.D.M SIDDHARTHA MAHILA  
KALSALA**

<https://youtu.be/fY48dqc9uiQ>